

# 12 CHECKS

Birth

24 hours

5 days

2-4 weeks

6 weeks

3 months

5 months

9 months

15 months

2 years

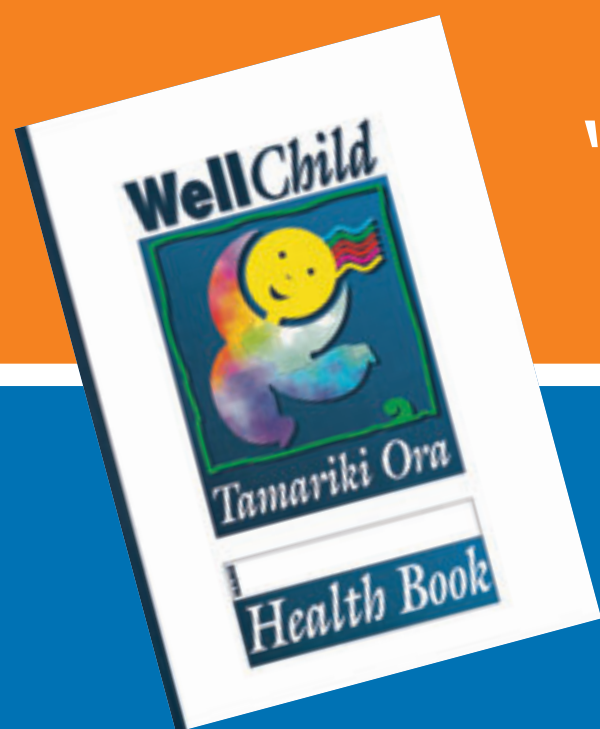
3 years

4 years

# WellChild-Tamariki Ora Programme

# free health checks for your child

from birth...to starting school



## "keep me a well child"

Ask your **WellChild-Tamariki Ora** provider – your nurse or doctor – about these checks.

The **WellChild-Tamariki Ora** Health Book is your child's health record. It is important. Take it to every visit to your health worker.